



Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 2:15 Church Service 3:00 Tea & Treats EASTER SUNDAY	6 9:00 VON Exercise 10:00 Aquafit 1:00 Aquafit 3:00 Tea & Treats 7:00 Crokinole	7 9:00 VON Exercise 9:15 & 10:00 Drives 10:00 Aquafit 1:00 Aquafit 2:00 Once Upon A Time 2:00 Bingo 3:00 Tea & Treats	8 9:00 VON Exercise 10:00 Aquafit 10:00 Art or Billiards 2:00 Glenn Skinn 3:00 Tea & Treats	9 9:00 VON Exercise 9:30 Resident Council 10:00 Aquafit 2:00 Bingo 3:00 Tea & Treats	10 10:00 Current Affairs 10:00 Gentle Aquafit 2:00 Happy Hour with James Skarnikat 3:00 Tea & Treats 6:15 Harp w/ Janet	11 10:00 Knitting Club 2:00 Matinee 3:00 Tea & Treats
12 2:15 Church Service 3:00 Tea & Treats	13 9:00 VON Exercise 10:00 Aquafit 10:00 Tim's Coffee Break 1:00 Aquafit 2:00 Bingo 3:00 Tea & Treats 7:00 Crokinole	14 9:00 VON Exercise 10:00 Aquafit 1:15 & 2:00 Drives 2:00 Cards 2:00 Rev Bob Visits 7:00 Just Around The Corner	15 9:00 VON Exercise 10:00 Aquafit 10:00 Art or Billiards 1:30 Catholic Church Social 2:00 Cards 3:00 Tea & Treats	16 9:00 VON Exercise 10:00 Aquafit 2:00 Bingo 3:00 Tea & Treats 7:00 Joyce, Dorothy & Eldon	17 10:00 Gentle Aquafit 2:00 Euchre 3:00 Tea & Treats	18 10:00 Knitting Club 2:00 Matinee 3:00 Tea & Treats
19 2:15 Church Service 3:00 Tea & Treats	20 9:00 VON Exercise 10:00 Reminisce 10:00 Aquafit 1:00 Aquafit 2:00 Helen Stewart 3:00 Tea & Treats 7:00 Crokinole	21 9:00 VON Exercise 9:15 & 10:00 Drives 10:00 Aquafit 1:00 Aquafit 2:00 Rev Bob visits 2:00 Bingo 3:00 Tea & Treats	22 9:00 VON Exercise 10:00 Aquafit 10:00 Art or Billiards 2:00 Al Crawford 3:00 Tea & Treats 7:00 Melodies & Memories	23 9:00 VON Exercise 10:00 Aquafit 2:00 Bingo 3:00 Tea & Treats	24 10:00 Gentle Aquafit 2:00 Birthday Bash with Ron & Brenda	25 10:00 Knitting Club 2:00 Matinee 3:00 Tea & Treats
26 2:15 Church Service 3:00 Tea & Treats	27 9:00 VON Exercise 9:15 Drives 10:00 Aquafit 10:00 Book Club 1:00 Aquafit 2:00 Bingo 3:00 Tea & Treats 7:00 Crokinole	28 9:00 VON Exercise 10:30 Kettles Lunch Trip 2:00 Cards 2:00 Rev Bob visits 7:00 Writer's Bloc	29 9:00 VON Exercise 10:00 Aquafit 10:00 Billiards 11:00 - 4:00 Geri Fashion 3:00 Tea & Treats	30 9:00 VON Exercise 10:00 Aquafit 2:00 Bingo 3:00 Tea & Treats Spring Fling Dinner 6:30 - 7:30 Dance		

E L G I N E C H O



Contents

1. "Don't Miss" Events
1. Short Stories & Jokes
2. Tidbits
2. Welcomes & Birthdays
2. Word Search
3. Services & Clubs
4. Event Calendar



Fab Five

Happy Hour With James Skarnikat

Our Happy Hour begins at 2:00 pm on Friday, April 10th in the Activity Room. Come and enjoy some great entertainment and refreshments.

Helen Steward

Helen will be here from Toronto on Monday, April 20th at 2:00 pm in the Activity Room. Don't miss her amazing and entertaining show. Everyone is welcome to attend.

Spring Fling Dinner and Dance

Our evening features a gourmet dinner followed by a dance with music by Rizz & McGrath. Don't forget to dress in your spring attire to celebrate this festive event on Thursday, April 30th.

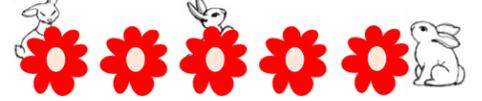
Birthday Bash with Ron & Brenda

Our Birthday Bash is scheduled for 2:00 pm on Friday, April 24th in the Activity Room. Come and enjoy cake, cocktails and some wonderful music. Everyone is welcome.

Geri's Fashions

Will be here from London with all their spring fashions on Wednesday, April 29th from 11:00 - 4:00 pm in the Theatre/Chapel.

Stylish Sisters



or most Easters, my six sisters and I would go up to our attic to see who fit into which hand-me-down dress. Then we'd spend an afternoon trying on hats, gloves and shoes for church.

Things changed in 1968. My oldest sister, Nola -- who had plans to attend the School of Fashion Design in Boston -- sewed matching East dresses for Mom and all of us girls. She picked bright orange fabric and white lace for detailing down the front. We were all excited to wear our new finery.

Big families were much more common back then, but not many had seven girls and no boys, and that made ours newsworthy. The local paper ran a photograph of us in our matching dresses, and Dad in his suit, capturing a wonderful family memory.

PAULA BEYER
Old Orchard Beach, ME



TIDBITS FOR APRIL



We hope everyone enjoyed our very busy and festive month of March. This month features lots of great events including shopping in the Chapel with Geri's Fashions, our annual Spring Fling Dinner and Dance, as well as our lunch trip to Kettles. We wish everyone a fun filled month of April. Happy Easter!

Denise Smith
Activities Director

Welcome Home!

Chip Inkster

Hoping you are starting to feel at home here at Elgin Lodge

HAPPY BIRTHDAY

Helene Claus.....Apr 9th
Orval Crozier.....Apr 13th
Joyce Curtis-Wilson...Apr 23rd
Marion Leonard.....Apr 29th

GOODBYE!

Dorothy Wilkie
Ann Stasiuk
Violet Robertson

Wishing you all the best as you move from Elgin Lodge

Our Condolences to the family and friends of
Arlane McTeer
Richard Elias

Easter Word Search Puzzle

Y S E R U T C I P M I G X I T
D B D Y A S P R I N G N M M A
N Y R R P S O D O O G I I Y E
A E H E A P G W J R L R Y T S
C L Z I L B A G G Z Q O A F S
H L C T L I B H E B W L D L N
C O F A X U G I G A O O N B C
R W B Y G H D I T C S C U O S
U S N O I T A R O C E D S J S
H E S K C U D H V U G Q Q V O
C A R D P K C K B A S K E T R
C H I L D R E N O N J D G M C
R P S F U N J E S U S C D T K
H O E Y K S T E N N O B B Z I
O Z N W Y N N U B N X P I N K

BASKET
BONNETS
BUNNY
CANDY
CHILDREN
CHOCOLATE
CHURCH
COLORING
CROSS
DECORATIONS
DUCKS
EGGS
FUN
GOOD
HAPPY

JESUS
PICTURES
PINK
RABBIT
RELIGIOUS
RISEN
SPRING
SUNDAY
YELLOW



SERVICES & CLUBS

M.D. VISITS FOR APRIL 2015

Colleen Fowler - visits will be posted

Just a reminder from the Wellness department to get your weight and blood pressure checked on a monthly basis.

FEET FIRST

Linda Mason, Registered Practical Nurse: Specializing in Foot Care

Trimming, filing, reducing calluses, thickened nails and ingrown toenails. Followed with moisturizing massage.

To book an appointment, please call 519-797-3682 or 519-385-0634

Aquafit with Carol, Bev or Gayle

Classes are available Monday to Friday. For swim class details, please pick up a schedule at the front desk reception.

HAIR CARE

We offer hair care to our residents, friends and family. Our shop is open Wednesday to Friday from 8 am to 2 pm. Evening appointments are available upon request. Call Jennifer for an appointment at

HEARING CARE

Individual hearing assessments, counseling and hearing aid services are available with Glen Hewie, Hearing Instrument Specialist. The next clinic is on Thursday, April 2nd from 1:00 to 4:00 p.m. Monarch and residents are invited for a complimentary Hearing Assessment. Please contact Wellness to book an appointment.

HAPPY EASTER

Easter Dinner

Our Easter Dinner will be served at your regular lunch time. Just a reminder to notify the Dietary Department if you will be out for dinner. Those wishing to invite a guest may purchase a guest ticket in advance at the front desk reception for \$12

Hems & Repairs

For any hemming or repair needs Contact Lynda Glumac 519-832-6614

V.O.N. Exercise

2015 Schedule: Mon-Thurs 9:00 - 10:00 a.m.

Clubs & Other Services

- Crokinole Club** - Meets Monday evenings in the Activity Room from 7:00-8:30 for some friendly competition. New participants are welcome.
- Glee Club** - Will resume in May. Hope Dave Hiscox enjoys his holidays in the South!
- Tuck Cart** - Will be every 2nd Tuesday until Adella returns
- Men's Billiards Club** - Meets every Wednesday at 10:00a.m. in The Activity Room.
- Scooter/Rollator Repairs & Service** - Available most Mondays with Joe from Wardrop. Sign up in Wellness Room if you need service.
- Rev Bob Johnston** - Our Chaplain visits us every Tuesday from 2:00 - 4:00 pm. If you would like him to pay you a visit, please see Denise.
- Knitting Club**— meet every Saturday 10:00 p.m. at the main floor elevator lounge. New Participants welcome.

